



Start your
SILVER
DofE

THE DUKE OF EDINBURGH'S AWARD



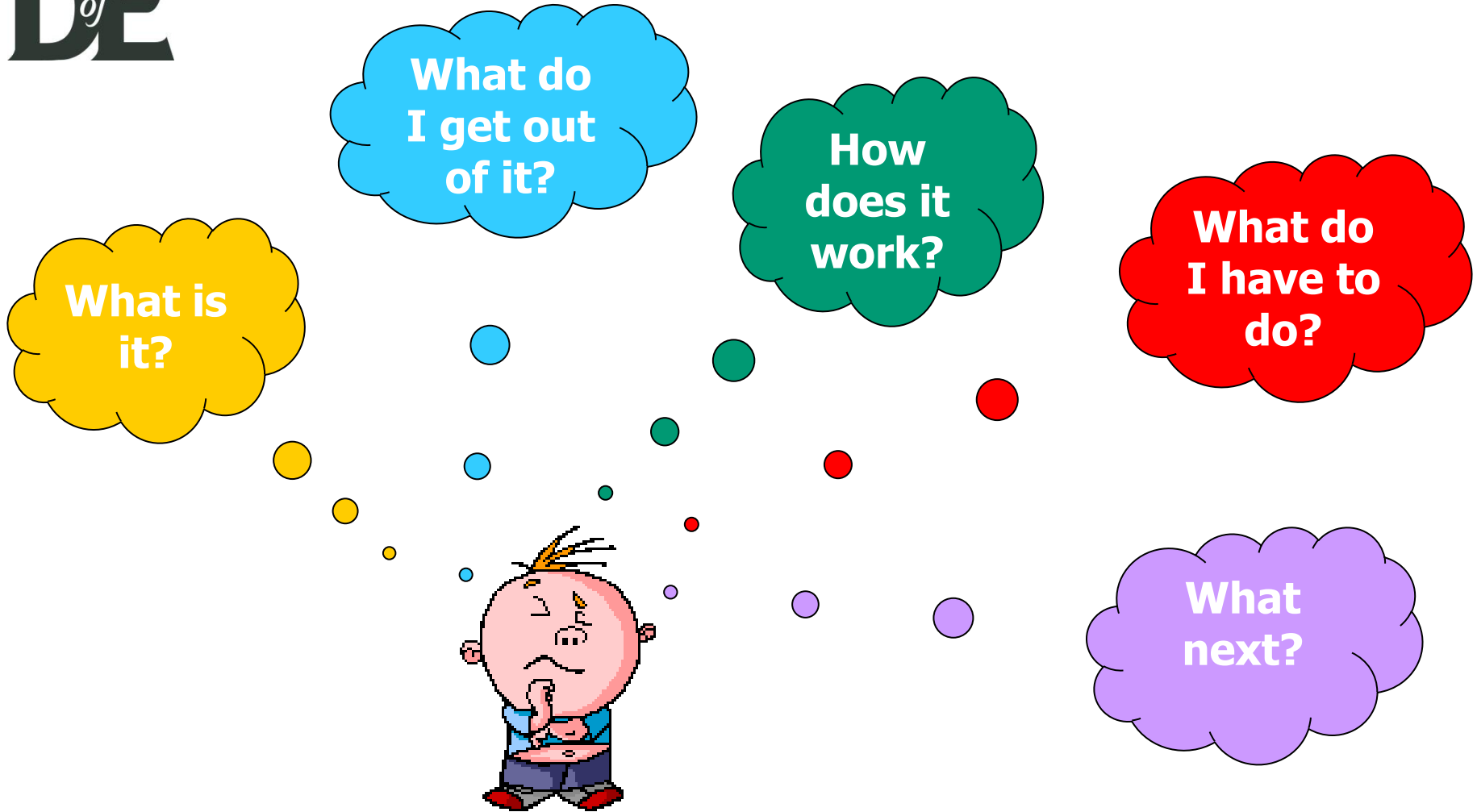
THE DUKE
OF EDINBURGH'S
AWARD

SILVER AWARD LAUNCH EVENING

THE DUKE OF EDINBURGH'S AWARD



The Duke of Edinburgh's Award



**A programme of
activities for anyone
aged 14-25**

**Take part in fun,
exciting and challenging
activities**

**Gain accreditation
for these activities**

**What
is it?**



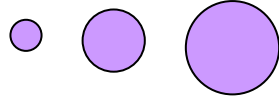
Key Principles

- Personal development
- Available to all
- Voluntary
- Flexible
- Balanced
- Challenging
- Progressive
- Achievement focused
- Marathon not a sprint
- Enjoyable

**Have fun
Make friends
New challenges
Time management
Teamwork
Communication
Confidence
Sense of responsibility
Boost CV
Independence
Self Awareness
Problem solving
Planning
Leadership**

**What do
I get
out of
it?**





**How does
it work?**

**There are three
levels:
Bronze
Silver
Gold**

**There are four sections:
Volunteering
Skills
Physical
Expedition**

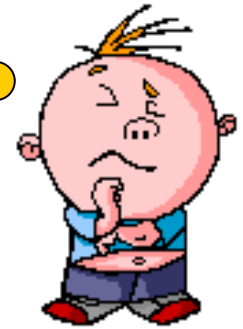
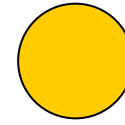
Four sections

- **Volunteering** - undertaking service to individuals or the community
- **Physical** - improving in an area of sport, dance or fitness activities
- **Skills** - developing practical and social skills and personal interests
- **Expedition** - planning, training for and completing an adventurous journey

Timeframes

Volunteering	Skills	Physical	Expeditions
One hour a week for:			1 day training 3 day practice 3 day qualifying
6 months	One section for 3 months One section for 6 months		
If a student did not complete the Bronze award, they must undertake a further 6 months in either the Volunteering section or the longer of the Skills/Physical section			

**What do
I have to
do?**



Almost anything...

Volunteering section

Participants should

- identify the need for the service
- gain some knowledge of the needs of those whom they will be assisting
- receive briefing and training in the necessary skills required to give that service



Volunteering options

- Helping others (children, older people, special needs, Park Run)
- Environment and animals (rural conservation, litter bug groups, animal rescue centre)
- Community organisation (charity shop, Willow Wood)
- Leadership (assisting coaching at football club)
- Fundraising
- School volunteers (Art, PE, Maths, History, Chess and Board games club)

https://www.dofe.org/wp-content/uploads/2022/08/programme_ideas_-_volunteering.pdf

Skills section

Participants should:

- Select and follow an activity
- Show progression and sustained interest
- Gain a deeper knowledge and understanding of the activity



Skills options

- There are over 200 activities listed in either the Programmes File or on the web site
- Examples include:
 - Writing
 - Music (school co-curricular)
 - Gardening
 - Games and recreation (chess club, pool, snooker)
 - Art & Design (Arts Award with Mrs Healey)

https://www.dofe.org/wp-content/uploads/2019/05/programme_ideas_-_skills.pdf

Physical Recreation

This Section should provide opportunities for young people to:

- enjoy keeping fit and improve their levels of fitness
- discover new abilities
- raise self-esteem
- extend personal goals
- set and meet new challenges
- experience a sense of achievement



Physical Recreation Activities

As long as you pick something that requires a sustained level of energy and physical activity, the possibilities are endless. Examples include:

- athletics
- basketball
- dance
- football
- indoor climbing
- Park Run

<https://www.dofe.org/wp-content/uploads/2022/10/programme-ideas-Physical-1-1.pdf>

Expeditions

Date	Expedition	Location	Start	End
Sun 17 th May	Training	School	9am	3pm
Fri 5 th – Sun 7 th Jun	Practice	Dovestones/Crowden	9am	12pm
Fri 19 th – Sun 21 st June	Qualifying	Edale/Kinder	9am	3pm

All times are subject to change, with final details being confirmed before each expedition.

Expeditions

Training

Full day training: Sunday 17th May

Covering:

- Health and safety
- First aid
- Navigation
- Teambuilding
- Compass
- Maps

Expeditions

Practice: Friday 5th June to Sunday 7th June

Qualifying: Friday 19th June to Sunday 21st June

- 8 hours expedition, with 5-6 hours of walking
- Self-sufficient
- Overnight camping
- Complete research on a team goal

Cost

- £150
- £30 deposit (via SchoolGateway app)
- £120 due by Friday 27th March 2026 (via SchoolGateway app)

Clothing

- ❑ Hiking boots
(Broken in. **MUST cover full ankle** - if in doubt, please check with staff before buying)
- ❑ Waterproof jacket
- ❑ Waterproof trousers
- ❑ Walking trousers (no jeans or heavy tracksuit bottoms)
- ❑ Shorts (as appropriate)
- ❑ 3-4 breathable t-shirts (long and short sleeve)
- ❑ Fleece/jumper
- ❑ Warm hat/sun hat (as appropriate)
- ❑ Warm gloves
- ❑ Thick socks x3 and liner socks x3
- ❑ Underwear

Personal kit

- ❑ **Large** rucksack (approx 65-75L)
- ❑ Rucksack liner (or rubble sack)
- ❑ Sleeping bag and stuff sack
- ❑ Foam roll mat
- ❑ Wrist watch
- ❑ Torch (lightweight, ideally a head torch)
- ❑ Knife, fork, spoon or a spork
- ❑ Matches/lighter (in waterproof box)
- ❑ Mug
- ❑ Pan scrub / sponge
- ❑ Plastic bags (for rubbish and wet kit)
- ❑ Note pad and pencil
- ❑ Disposable/digital camera
- ❑ Team goal research
- ❑ Toothbrush and toothpaste
- ❑ Personal medication (as necessary)



Berghaus - £150



Hi-Gear - £25

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Vango - £72



Hi Gear - £30

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Salomon - £117



Decathlon - £40

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Miscellaneous

- Boots



Miscellaneous

- Boots
- Bags



Miscellaneous

- Boots
- Bags
- Penknives
- Physicality
- Behaviour
- Commitment
- Contact home/mobiles

By 24th October

Sign-up online / pay deposit

ASAP

Begin activities

Collect evidence

**What
next
?**



Online Microsoft Form to sign-up

- Use link on letter emailed home
- Type the address into your browser
- Use link on D of E section of school website

**[https://www.westhillschool.co.uk/
curriculum/co-curricular/duke-of-edinburgh](https://www.westhillschool.co.uk/curriculum/co-curricular/duke-of-edinburgh)**

**What
next
?**



By 24th October

ASAP

November

27th March

17th May

5th – 7th June

19th – 21st June

11th July

Year 11

Sign-up online / pay deposit

Begin activities

Collect evidence

Activate e-Dofe

Remainder of fee due

Training day

Practice expedition

Qualifying expedition

Complete e-Dofe

Presented with award

**This presentation can be found
on the school website**

**Home page → School life →
Co-curricular → Duke of Edinburgh**