

After-School Practices - April-July 2026 (3.00pm-4.30pm)

	Year 7	Year 8	Year 9	Year 10	Year 11
Monday	<p style="text-align: center;">Mountain Biking</p> <p style="text-align: center;">Fitness Suite</p>	<p style="text-align: center;">Mountain Biking</p> <p style="text-align: center;">Fitness Suite</p>	<p style="text-align: center;">Mountain Biking</p> <p style="text-align: center;">Fitness Suite</p>	<p style="text-align: center;">Mountain Biking</p> <p style="text-align: center;">Fitness Suite</p>	<p style="text-align: center;">GCSE Revision</p> <p style="text-align: center;">Mountain Biking</p> <p style="text-align: center;">Fitness Suite</p>
Tuesday	<p style="text-align: center;">Athletics</p> <p style="text-align: center;">Fitness Suite</p> <p style="text-align: center;">Interform Cricket</p>	<p style="text-align: center;">Athletics</p> <p style="text-align: center;">Fitness Suite</p> <p style="text-align: center;">Interform Cricket</p>	<p style="text-align: center;">Athletics</p> <p style="text-align: center;">Fitness Suite</p> <p style="text-align: center;">Interform Cricket</p>	<p style="text-align: center;">Athletics</p> <p style="text-align: center;">Fitness Suite</p> <p style="text-align: center;">Interform Cricket</p>	<p style="text-align: center;">Athletics</p> <p style="text-align: center;">Fitness Suite</p>
Wednesday	<p style="text-align: center;">Cricket</p>	<p style="text-align: center;">Cricket</p>	<p style="text-align: center;">Cricket</p>	<p style="text-align: center;">Cricket</p> <p style="text-align: center;">Fitness Suite</p>	<p style="text-align: center;">Sports Studies Revision</p> <p style="text-align: center;">Cricket</p> <p style="text-align: center;">Fitness Suite</p>
Thursday	<p style="text-align: center;">Athletics</p>	<p style="text-align: center;">Athletics</p>	<p style="text-align: center;">Athletics</p>	<p style="text-align: center;">Athletics</p>	
Friday	<p style="text-align: center;">Cricket</p> <p style="text-align: center;">Fitness Suite</p>	<p style="text-align: center;">Cricket</p> <p style="text-align: center;">Fitness Suite</p>	<p style="text-align: center;">Fitness Suite</p>		

After-school practices until the end of the year (3.00pm-4.30pm)