

Games & Wellbeing	Term 1	Term 1 (September – December)		Term 2 (January – March)		Term 3 (April – July)	
	(September – Dec						
Year 10 THEMES	Football/Dodgeball/Pixl	Badminton/	Football/Dodgeball/Pixl	Badminton/	Cricket/Danish	Athletics/Tchoukball/Kickball	
	(Pixl to be taught to YR 10	Basketball/Fitn	(Pixl to be taught to Yr 10	Basketball/Fitn	Longball/Pixl	Badminton/Basketball/Fitness/	
	from 2020)	ess /Table-	from 2020)	ess /Table-	(Pixl to be taught to Yr	Football*	
		tennis		tennis	10 from 2020)		
	Recall skills learnt during	Recall skills	Recall skills learnt during	Recall skills	Recall skills learnt	Recall skills learnt during KS3 to	
Games & Wellbeing	KS3 to participate in	learnt during	KS3 to participate in games	learnt during	during KS3 to	participate in games, whilst	
	games whilst learning new	KS3 to	whilst learning new ones.	KS3 to	participate in games,	learning new ones.	
	ones.	participate in	Tactics	participate in	whilst learning new		
	Tactics	games, whilst	Teamwork	games, whilst	ones.	Role of exercise in mental and	
	Teamwork	learning new	Pixl Endurance – how to	learning new	Importance of exercise	physical health.	
	Pixl Endurance – how to	ones.	prepare to perform for	ones.	(fitness) for physical		
	prepare to perform for	Importance of	exams using exercise and	Importance of	and mental health.		
	exams using exercise and	exercise	nutrition. Exercise as a form	exercise			
	nutrition. Exercise as a	(fitness) for	of mindfulness and de-	(fitness) for			
	form of mindfulness and	physical and	stress.	physical and			
	de-stress.	mental health.		mental health.			
Year 11 THEMES	Football/Dodgeball/Pixl	Badminton/	Football/Dodgeball/Pixl	Badminton/	Cricket/Danish	Athletics/Tchoukball/Kickball	
	(Pixl will stop being	Basketball/Fitn	(Pixl will stop being taught	Basketball/Fitn	Longball/Pixl		
	taught to Yr 11 after	ess /table-	to Yr 11 after 2020)	ess /table-	(Pixl will stop being	Badminton/Basketball/Fitness/	
	2020)	tennis		tennis	taught to Yr 11 after	Football*	
					2020)		
	Recall skills learnt during	Recall skills	Recall skills learnt during	Recall skills	Recall skills learnt	Recall skills learnt during KS3 to	
Games & Wellbeing	KS3 to participate in	learnt during	KS3 to participate in games	learnt during	during KS3 to	participate in games, whilst	
	games whilst learning new	KS3 to	whilst learning new ones.	KS3 to	participate in games,	learning new ones.	
	ones.	participate in	Tactics	participate in	whilst learning new		
	Tactics	games, whilst	Teamwork	games, whilst	ones.	Role of exercise in mental and	
	Teamwork	learning new	Pixl Endurance – how to	learning new	Importance of exercise	physical health.	
	Pixl Endurance – how to	ones.	prepare to perform for	ones.	(fitness) for physical		
	prepare to perform for	Importance of	exams using exercise and	Importance of	and mental health.		
	exams using exercise and	exercise	nutrition. Exercise as a form	exercise			
	nutrition. Exercise as a	(fitness) for	of mindfulness and de-	(fitness) for			
	form of mindfulness and	physical and	stress.	physical and			
	de-stress.	mental health.		mental health.			

* Year 10 and 11 Games and Wellbeing, are being offered extended Term 1 & 2 sports to compensate for missed lessons due to Covid. This is for the first half of term 3.

*Wet weather option