

	Unit 1	Unit 2	Unit 3	Unit 4
Year 7 THEMES	Personal wellbeing 1	Information, Advice and	Heartstone Odyssey	Personal wellbeing 2
		Guidance		
	Trust and respect	What is Careers?	Intro to Heartstone	Dental health
	Positive and healthy friendships	About Me	Hugbundle (project)	Healthy sleep
Personal wellbeing: settling	Bullying	Achievements	Project Lesson	Exercise
in, bullying, adolescence	Healthy relationships	Learning from mistakes	Project Lesson	Healthy Living and diet
and staying safe and	Marriage & other I. term	Making small changes	Astrology	Puberty
healthy. Emotional	relationships	Goals and action plans	Park Role Play	Attitudes to mental health
wellbeing	Understanding drugs	Project planning	Supporting others	Promoting emotional wellbeing
Information, advice and	Tobacco: risks and influences	Changes in the world of work	Alternative ending	Digital resilience
guidance: careers	Alcohol and risk	Careers research	The end	Unhealthy coping strategies
Heartstone: hate crime,	Staying safe: e-safety	Summing up	Cover and blurb	Healthy coping strategies
prejudice, discrimination	Staying safe: e-safety			
and managing risk.				
Assessment opportunity	Bullying	Goals and action plans	Alternative ending	Attitudes to mental health
identified				
Year 8 THEMES	Personal wellbeing 3	Information, Advice and	Resilience and learning styles	Citizenship
		Guidance		
	Prejudice and stereotypes	Looking Back	Making the most of school	British values
	Sexual orientation and gender	Your beliefs & School and Work	Making positive changes	Prevent
Personal wellbeing: body	identity	What do you want from work &	Lost - problem solving in a team	Run, hide, tell
image, homophobia, drugs	Equal rights	Job families	Personal statements	Good and bad citizens
and alcohol.	Body image	Being assertive	Personal statements	Charity
Information, advice and	First aid	Who does the job & Are you	Leadership (Pixl edge)	Reuben's Retreat- Active
guidance: careers	CPR and defibrillators	sure?	Organisation	citizens
Citizenship: prevent (incl.	Drugs: Exploring attitudes	Budgeting & Decision making	Resilience	Reuben's Retreat
British values), active	Drugs, the law and managing risk	Skills and qualities	Initiative	Communities
citizenship (fundraising	Drugs and their effects: alcohol	Targets for the future	Communication (Pixl edge)	Rule of Law
project) and equality and	and cannabis	Looking forward		Youth Justice System
rule of law.	Drugs and alcohol: managing	Review my learning & look		
	influence	ahead		
Assessment opportunity	Drugs and alcohol: managing	Being assertive	Personal statements	Communities
identified	influence			



Year 9 THEMES	Personal wellbeing 4	Information, Advice and	Parliamentary Democracy	Global citizenship
		Guidance		
	Sex & Sexuality	Your Decision Year	Types of Government	Being a Global Citizen
	Everyone is doing it	Personal qualities and skills	Elections, manifestos and	UN
Personal wellbeing: SRE	Domestic Abuse	Skills for life and work	parties	Human effects on the planet
(gradually changing to	Consent	Learning styles and working	Elections and voting	Human effects on the planet
include statutory	Contraception	today	Parliament and Government	World poverty
requirements)	STIs	Informed choices	Laws and Consolidation	Refugees
Information advice and	Teenage Pregnancy	Looking ahead	MPs	Rwandan Genocide
guidance: careers	HIV & AIDS	Discrimination in the workplace	Local and Regional Government	Child Soldiers
Parliamentary democracy	Alcohol	The Equality Act	Dictatorship vs Democracy	Fairtrade
Global citizenship	Alcohol	Money management	European Union	Amnesty
		Debt	Public Services	
Assessment opportunity	Teenage pregnancy	Informed choices	Types of government	Human effects on the planet
identified				

IDP works on a rotation model at KS3 with students studying 4 units per academic year for 10 weeks each.

No formal summative assessments are in place for IDP but assessment opportunities such as baseline assessments and self-assessments occur regularly. Extended writing opportunities are identified as assessment opportunities to give teachers the scope to do some extended writing on these topics and for teachers to provide detailed feedback on these areas, and the opportunity for students to act upon this.